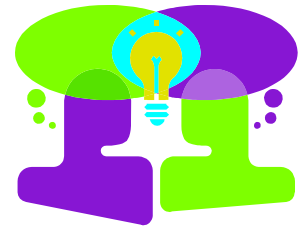


Innovative Nutrition Education
WIC Training
2005



Time Topic

8:30 Welcome, Overview and Introductions

Task 1: Warm-up Our Symbols

Task 2: Review of the day/Objectives/Expectations

Task 3: How Adults Learn

Task 4: Learners as Decision Makers

Task 5: Open Questions

10:00 Break & view exhibits

10:15 WIC-Tivities & Resources from Coast to Coast

Task 1: Learning about Fit WIC/Wavy Wands

Task 2: VAK

Task 3: Finding the Teacher Within/Rate Your Plate

11:45 Lunch & walk

12:45 Your Turn Now!

Task 1: Finding your own teacher within

2:30 Presenting and Sharing

3:30 Kellogg's Activity Stretch Break

3:45 You Share – The Best Ideas Come from You

4:15 Feedback and Close

4:30 End of Day